

Ginny L. Nadler, M.A.

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Professional Profile

A highly committed educator and activist with over 55 years experience co-creating and participating in opportunities and environments for individuals, schools, and corporations, that embody the original principles of Being as Nature has endowed us to BE. Embodying the feminine principles of communication, cooperation, reciprocity, and collaboration WE bring the Natural Order back to OUR communities for the transfiguration of OUR humanity.

Education

Academy of Inner Science | 2015 - 2018

- Certification for The Pocket Project: *Intergenerational Global Collective Trauma Training, U.S. and Israel*
- Timeless Wisdom Training with Thomas Hubl, Institute of Noetic Sciences

The Four Winds, Energy Medicine Program, U.S. and Peru Based | 1993 - 1997

- Certification in *Healing the Light Body* with Alberto Villoldo

Iyengar Yoga Institute, San Francisco, CA | 1981 - 1985

- IYI Yoga Teacher Certification

John F. Kennedy University, Pleasant Hill, CA | June 1984

- M.A. Wellness Education Specializing in Holistic Nutrition

State University of New York, Geneseo, NY | 1969 - 1970

- Certification in linguistics for Elementary School Educators

City College of New York in conjunction with Hunter Teachers College | B.A. 1968

- Major: Educational Psychology, minor: Elementary School Educator, Grades K-6

Professional History

Structural ReAlignment Integration™ | 1987-present

- Awakening to the source of our biological beginning as our original conception as Divine Illumination, our sacred embodiments, electrical conduits are Enlivened

CEO at CoreBodyWisdom LLC | 1980-present

- Curating and Introducing Wellness Initiatives to individuals, schools and companies
- Private Practice supporting clients with Structural ReAlignment Integration™

Collaborative Conception, an on-line format | 2024

- 6 month Experimental Journey with Collaborator Jessica Garet LCSW
- Participants meeting once a week Being Listened as the light language of Consciousness

Collaborative Conception and The Embryology of Consciousness is Birthed | 2023

- Collaboratively Being Listened as Evolutionary Biologies, The Embryology of Consciousness for the Transfiguration of OUR Humanity emerges through US

Consultant, Pop Life Yoga and Well- Being Center, Cleveland, OH | 2019-2023

- From the grass roots design to the manifestation of classes and wellness programs, supported the staffing, initiated a Listening Circle to hear all that wanted our participation in this creation
- Co-designed and implemented a Yoga Alliance teacher “Un-training” Yoga Program

Consultant, Options Naturopathic Clinic, Cleveland, OH | 2018-2023

- In partnership with Dr. Erin Singh (ND) and her team, developed an awakened sacred embodiment protocol to support cancer patients to embody their original Sacred Design to support healing

Timeless Wisdom Training, Academy of Inner Science, Scotts Valley, CA | 2018-2019

- On the assistant team to Thomas Hubl and the second TWT United States program

Optimum Wellness Center, Lakewood, OH | 2015-2018

- Private Practice and Group Facilitator

Sea Change Wellness Center, New York City, NY | 2003-2018

- Monthly Consultant to Dr. Deborah Musso's clients

Wellness Development Lifestyle, New York City, NY | 2003-2018

- With Dr. Deborah Musso (DC, NSA) Senior Network Spinal Analysis Practitioner, developed a consultant advocacy institute for schools and professionals working in school systems

The Urban Global Healing Center, New Haven, CT 1990-2001

- In partnership with Yale/New Haven/Griffin Hospital co-created the first Holistic Community center on the East Coast, home to 15 holistic practitioners and offering 35 classes per week to the New Haven and Yale Community

The Four Winds, Rhode Island and Peru | 1994-1997

- Healing the Light Body with Alberto Villoldo and Don Manuel Quispe
- Initiated into Qechua Medicine by elder Don Manuel Quispe

Corporate Wellness Programs, Silicon Valley, CA | 1983-1990

- Lunchtime programs in smoking cessation, food awareness, yoga and Listening Circles

San Andreas Health Council, Palo Alto, CA | 1981-1985

- Holistic Nutritionist and Wellness Educator

Reading Specialist, Arlington, Virginia and Washington, D.C Schools | 1973-1975

Elementary School Educator, East Rochester, NY | 1970-1972

Elementary School Educator, East Harlem, New York City, NY | 1968-1970

Publications and Conference Attendance

[Articles on Medium](#), Ginny Nadler | Blog | 2024

[Spiritual Anatomy, Realigning Body and Soul](#), Ginny Nadler | Book | 2019

[BodySoFree](#), Ginny Nadler | DVD | 2012

- An in-depth teaching experience introducing Structural Realignment Integration™

[7th Interdisciplinary World Congress on Low Back and Pelvic Floor Pain](#) | Los Angeles, 2010

- Structural Realignment Integration™, A Revolutionary Approach to Pain-Free Movement, Awakening Our Divine Illumination at the Embryological Source of Our Embodied Beginning

[Structural Alignment Integration™, A Revolutionary Approach to Pain-Free Movement](#) | White Paper | 2008

[Yoga, Pranayama, and Respiratory Challenges](#), Ginny Nadler | Clinical Trial | 1993

- With The School of Public Health, Yale/New Haven Hospital

[Cycle of Pelvic Floor Pain](#), Ginny Nadler | Paper | 1987

Community Programs and Partnerships

Center for Sacred Studies and The Mother Earth Delegation | 2022-present

- With Grandmother Jyoti Ma, Vision Keeper and birther of The Fountain, in community with sacred partners, Listening together the prophecies of our indigenous forebears (the Kogi Nation, Neema Namadumu, Founder of Hero Women Rising in the DNC, The Tree Sisters, Mindahi Bastida of the Otami-Toltec peoples, and Grandmother Loretta in the Black Hills) to BE more Conscious Beings walking on OUR Earth. We are here to Be collaborative, collective, relational weavings bringing Earth Based Initiatives and Practices—WE Are a Bridge

The Four Cups | 2020-2024

- Creating Paving economic pathways for all, Sacred Economics for the flourishing of OUR Earth

WE Will Dance With Mountains | 2020-2021

- With Bayo Akomolafe's exploration of 'post-activism' participated in the creation of an online world village exploring a new politics, rethinking accountability, social justice and our participation in modernity

The United States Pocket Project | 2018-2020

- Co-Designed and Co-Led The United States Graduates of the Pocket Project to birth U.S. projects

Guidance For Life on Earth, Teachings and Practices from Inner Guides | 2015-present

- With Stephen Busby, creating community to bear witness to our Commitment to BE Sacred witnesses and stewards for Gaia

Sponsored Stephen Busby from Findhorn Foundation, Cleveland, OH | April 2015

- Invited 30 highly committed community members (theologians, educators, political leaders, doctors, therapists, healers) to a week long exploration supporting each other in our intention and invocation as participants in the transfiguration of our communities

Guidance for Life Listening Circle, Cleveland, Ohio | 2015 - 2024

- As a result of our meeting in 2015 these once a month gatherings supported us all in our one intention to be transparent and transformative and grow with OUR invocation

The Medicine Delivery Project, Mt Ausangate and Mt Salkantay | 1997-1999

- Delivered medicines to the mountain peoples in the Andes

The Adolescent Prison Project, New Haven, CT | 1995-2000

- Co-created and facilitated a new concept in incarceration for girls 14-18, who might otherwise have been initiated into the prison system in CT. These 'children' who were in the courts three times were given the opportunity to create their lives in relational fields together. Movement, Nutrition, Writing and Listening Circles

Embodiment Awareness for "Inner-City" Children New Haven, CT | 1997-1999

- With educators and the Yale Child Study Institute initiated a bi monthly program for students from third grade through junior high school

Structural Alignment Teacher Training New Haven, CT | 1992-1995

- Facilitated a three year accredited program for 25 participants

Don Manuel Quispe, eldest Peruvian Qechua Medicine Man | 1994

- Sponsored, in relation with Yale University and The Home for Jewish Life, Don Manuel brought his earth based practices to the University and local community

Embodied Awareness for Dancers, Menlo Park, CA | 1983-1987

- Created a body awareness program for anorexic and bulimic girls during their 4 years in high school

Nutrition Program for third graders diagnosed with Attention Deficit, East Rochester School District, East Rochester, New York | 1971 - 1972

- Designed an experimental study the first year ritalin was prescribed to ascertain the relation among sugar and wheat and behavior, and enlisted the support of administrators and parents

Interviews

Spiritual Anatomy, Ginny Nadler with Podcast Host Danielle Lin, Salt Lake City, Utah, 2019

Spiritual Anatomy, Realigning Body and Soul is birthed

Teaching, Workshops, Retreats

Facilitated and produced guided retreats and workshops for 20-200 participants that attracted participants from East Coast Studios

Mentoring Students | 1993-Present

- Yoga, SRI
- Collaborative Conception with Jessica Garet

Embodied Sojourns, with co-facilitator Roger Sams, Bali, Indonesia | 2016 and 2017

The Four Cups, Washington, DC | 2016-2017

- On site nutrition and embodiment consultant for teams creating world sustainable earth resourced programs

In Residence, Florence, Italy | June 2014-September 2014

- Introduced Structural Realignment Integration, Embryology and Source of our biological embodied beginnings to the dance, pilates yoga, movement communities

Core Body Wisdom Studios LLC, Cleveland, Ohio | 2002-2019

Tuscany Tour, Montalcino, Italy | 2011 and 2017

Asheville Yoga Studios, Asheville, NC | 2009, 2013, 2015, 2017

- Teaching Structural Realignment Integration Anatomy and Embryology

Pura Vida, Costa Rica | 2012

- With Dr. Deborah Musso Sea Change Studios, New York
- Network Spinal Analysis and SRI

High Hope Ranch, Glen Rose | Texas 2010

- Kabbalah and Awakening the Embodied Source of Our Beginnings with Rabbi Bruce Abrams

Optimum Wellness Center, Lakewood, OH | 1995-2001

Movement in The Holy Sites, Jerusalem, Israel | 2000

The Hub, Oakland, CA | 1997-2000

- A dynamic coworking space for creatives, entrepreneurs and changemakers

Movement in The Sacred Sites, Peru | 1997, 1999

- With co-facilitator Shaman Jose Luis Harerra

At One Ment, Atonement, New Haven, CT | 1998

- Yom Kippur, freeing the body of the past histories
- With Rabbi James Ponet Yale Home for Jewish Life

Ojai Foundation, Ojai, CA | 1998

Re Membering Movement in the Ashrams of Northern India | 1994

Sponsored World Renowned Teachers, Healers and Experts, Urban Global Healing Center New

Haven, CT | 1993-2001

- Angela Farmer, Victor Van Kooten, Kofi Busia, Felicity Green. Judith Lasater (Advanced Iyengar Yoga Teachers), Oscar Mira Quesada (Qechua Medicine), Don Manuel Qusipe (eldest Qechua Medicine healer), Dr. Deborah Musso, Network Spinal Doctor (SRI, the Spine and Consciousness)

School of Public Health, Yale University New Haven, CT | 1995-1996

Board Participation

Optimum Wellness Center, Lakewood, Ohio | 2015-2019